

## RECREATION COMMITTEE REPORT

July 9, 2008

The Recreation Committee met on Wednesday, July 2<sup>nd</sup> to discuss the possibility of instituting a new policy for personal trainers that use our facilities. Attending were: Scott Jacobs, Barbara Actor and Carla Andrews. Jason Ornstein, of the Weight Room Committee, was unable to attend but did submit a report from a personal trainer that uses the Foothills workout facility.

The first item on the agenda was a decision on whether we wanted to set a policy in place and everyone agreed that all trainers that use our facility should be registered and sign an agreement with the Genesee Foundation. No specific policy was agreed upon at this time but consensus was that a policy should be approved by the Board and in place by the fall of 2008.

This policy should be looked at first and foremost as an opportunity for the personal trainers who use the Foothills facility to promote their own businesses. This could be done by articles placed by the trainers in the Genesee, by offering group clinics, individual personal training and equipment orientations to residents who presently do not use the facility or a trainer.

It is thought that all trainers that choose to register should pay a quarterly fee. The possible charge would be between \$50 and \$100 per month. Personal trainers could choose not to pay a fee in the summer months, if their client base is down. This fee would be used to help offset the cost of running and maintaining our exercise facility.

When registering the trainers would need to show proof of liability insurance and all certifications held. By requesting certifications we are insuring the quality of the personal trainers and increasing the safety in the weight room due to CPR training. In return, they would receive an ID card that they would wear, when using our facility. Every quarter the ID's would be a different color. These pictures would be posted on the facility bulletin board, in the same quarterly color. This posting would also include certifications and contact telephone numbers.

A specific on a policy such as high peak usage hours was not discussed. Further discussion is also needed on having the tennis coaches and swim instructors pay a fee, as they also presently use our facilities free of charge.

Respectfully submitted,

Barbara Actor  
Recreation Liaison to the Board